

February 2008, a carefree life to the best of my form, I am planning to run a half marathon with two of my son. Then suddenly, after a first warning, a second lung infection just surprise me.

Given my condition my doctor found it unusual, it provides me with a check up insistently in hospital.

In one week the diagnosis of myeloma is made, it follows a hard landing in treatment, one year of treatment and chemotherapy punctuated by passages in the hospital, a time when support and comfort to my wife, my family and friends were essential.

January 2009, my referring doctor propose to have a second autograft. On insistence of my children, I consult a professor at Paris to have a second opinion. This is an opportunity for me to discover the existence of the French association of multiple myeloma patients (AF3M).

I participate at the national day of information about myeloma in October 2009, after I decide to rejoin AF3M.

I joined the board of AF3M at the general meeting in 2010. I am in charge of the communication component. I discover a cohesive and dynamic team.

Since February 2013, I am the chairman of our association.